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Building My Life on Jesus' Teachings

Building on a Solid Foundation

²⁴ “Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. ²⁵ Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won’t collapse because it is built on bedrock. ²⁶ But anyone who hears my teaching and doesn’t obey it is foolish, like a person who builds a house on sand. ²⁷ When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash.” ²⁸ When Jesus had finished saying these things, the crowds were amazed at his teaching, ²⁹ for he taught with real authority—quite unlike their teachers of religious law. **Matthew 7:24-29 NLT**

- **Hearing is not enough; it takes following Jesus’ teachings.**

²² But don’t just listen to God’s word. You must do what it says. Otherwise, you are only fooling yourselves. **James 1:22 NLT**

- **Jesus is the cornerstone, the pattern we are to line up with.**

¹⁶ Therefore, this is what the Sovereign Lord says: “Look! I am placing a foundation stone in Jerusalem, a firm and tested stone. It is a precious cornerstone that is safe to build on... **Isaiah 28:16 NLT**

- **Whatever is important to Jesus becomes important to us.**

Life in the Spirit

¹ So now there is no condemnation for those who belong to Christ Jesus. ² And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death. ³ The law of Moses was unable to save us because of the weakness of our sinful nature. So God did what the law could not do. He sent his own Son in a body like the bodies we sinners have. And in that body God declared an end to sin’s control over us by giving his Son as a sacrifice for our sins. ⁴ He did this so that the just requirement of the law would be fully satisfied for us, who no longer follow our sinful nature but instead follow the Spirit. ⁵ Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. ⁶ So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace. ⁷ For the sinful nature is always hostile to God. It never did obey

God’s laws, and it never will. ⁸ That’s why those who are still under the control of their sinful nature can never please God. ⁹ But you are not controlled by your sinful nature. You are controlled by the Spirit if you have the Spirit of God living in you. (And remember that those who do not have the Spirit of Christ living in them do not belong to him at all.) ¹⁰ And Christ lives within you, so even though your body will die because of sin, the Spirit gives you life because you have been made right with God. ¹¹ The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you. ¹² Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do. ¹³ For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live. ¹⁴ For all who are led by the Spirit of God are children of God. ¹⁵ So you have not received a spirit that makes you fearful slaves. Instead, you received God’s Spirit when he adopted you as his own children. Now we call him, “Abba, Father.” ¹⁶ For his Spirit joins with our spirit to affirm that we are God’s children. ¹⁷ And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God’s glory. But if we are to share his glory, we must also share his suffering. **Romans 8:1-17 NLT**

- **There is no condemnation for those that belong to Jesus.**
- **The life-giving Spirit has freed you from the power of sin that leads to death.**
- **So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.**
- **Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do. We have been set free!**
- **We can hinder, stifle, or grieve the Holy Spirit.**

Living by the Spirit’s Power

¹⁶ So I say, let the Holy Spirit guide your lives. Then you won’t be doing what your sinful nature craves. ¹⁷ The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions. ¹⁸ But when you are directed by the Spirit, you are not under obligation to the law of Moses. ¹⁹ When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, ²⁰ idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, ²¹ envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God. ²² But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, and self-control. There is no law against these things! ²⁴ Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. ²⁵ Since we are living by the Spirit, let us follow the Spirit’s leading in every part of our lives. ²⁶ Let us not become conceited, or provoke one another, or be jealous of one another. **Galatians 5:16-26 NLT**

- **Spirit-led and Spirit-filled**
- **Spirit-filled believers trade in “fear and timidity” for “power, love, and self-control”.**

⁷ For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. **2 Timothy 1:7 NLT**

Next steps for me today...

- **I choose to give my life to Jesus and follow his teachings.**
- **Ask the Holy Spirit to reveal if I'm only a hearer of God's Word.**