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(Re) Defining Your Legacy

² “Honor your father and mother.” This is the first commandment with a promise: ³ If you honor your father and mother, “things will go well for you, and you will have a long life on the earth.” **Ephesians 6:2-3 NLT**

Triggered – a stimulus that creates a reaction or response. Heightened Focus

- Focus on Mental Wellness.
- Change triggered from a negative to a positive.; allow God to renew your mind.
- Spiritual battle where Satan seeks division and Jesus desires unity.
- We heal best in community; discipleship is critical to unity.

Can “Generational Curses” Be Broken?

“The Lord is slow to anger and filled with unending love, forgiving every kind of sin and rebellion. But he does not excuse the guilty. He lays the sins of the parents upon their children; the entire family is affected—even children in the third and fourth generations.” **Numbers 14:18 NLT**

Life Experience Shapes Us But Doesn’t Define Us.

²⁰ The person who sins is the one who will die. The child will not be punished for the parent’s sins, and the parent will not be punished for the child’s sins. Righteous people will be rewarded for their own righteous behavior, and wicked people will be punished for their own wickedness. ²¹ But if wicked people turn away from all their sins and begin to obey my decrees and do what is just and right, they will surely live and not die. ²² All their past sins will be forgotten, and they will live because of the righteous things they have done. ²³ “Do you think that I like to see wicked people die? says the Sovereign Lord. Of course not! I want them to turn from their wicked ways and live.” **Ezekiel 18:20-23 NLT**

Generational Curses Can Be Broken!

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! **2 Corinthians 5:17 NLT**

³⁷ Jesus replied, “You must love the Lord your God with all your heart, all your soul, and all your mind.” ³⁸ This is the first and greatest commandment. ³⁹ A second is equally important: “Love your neighbor as yourself.” **Matthew 22:37-39 NLT**

● Repent (Reconcile with God)

The Lord isn’t really being slow about his promise, as some people think. No, he is being patient for your sake. He does not want anyone to be destroyed but wants everyone to repent. **2 Peter 3:9 NLT**

All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation. **2 Corinthians 5:18 NIV**

if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. **2 Chronicles 7:14 NIV**

● Internalize your identity in Christ (Reconcile with yourself).

Yet God, in his grace, freely makes us right in his sight. He did this through Christ Jesus when he freed us from the penalty for our sins. **Romans 3:24 NLT**

● Ask for and offer forgiveness with others (Reconcile with others).

“If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins.” **Matthew 6:14-15 NLT**

If it is possible, as far as it depends on you, live at peace with everyone. **Romans 12:18 NIV**

● Consistently model a walk of faith and obedience.

Children get their values and beliefs from what they see modeled at home...why moms and dads must live a morally consistent life. **Dr. James Dobson**

¹³ No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, ¹⁴ I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us. **Philippians 3:13-14 NLT**

Direct your children onto the right path, and when they are older, they will not leave it. **Proverbs 22:6 NLT**

Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere. **Ephesians 6:18 NLT**

“His master replied, ‘Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things. Come and share your master’s happiness!’” **Matthew 25:21 NIV**

Places to start...

Boundaries, by Dr. Henry Cloud & Dr. John Townsend, 2017

Life’s Healing Choices, by John Baker, 2017

Your Legacy, by Dr. James Dobson, 2014

Next Steps...

- **Trust Jesus completely with everything.**
- **Seek the appropriate help needed.**
- **Join a Life Group for community.**
- **Begin a new legacy today in your family.**