



## **WINNING MATTERS TO GOD!**

*<sup>57</sup> But thank God! He gives us victory over sin and death through our Lord Jesus Christ. <sup>58</sup> So, my dear brothers and sisters, be strong and immovable. Always work enthusiastically for the Lord, for you know that nothing you do for the Lord is ever useless. **1 Corinthians 15:57-58 NLT***

*<sup>1</sup> So now there is no condemnation for those who belong to Christ Jesus. <sup>2</sup> And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death. **Romans 8:1-2 NLT***

*<sup>31</sup> What shall we say about such wonderful things as these? If God is for us, who can ever be against us? <sup>32</sup> Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else? <sup>33</sup> Who dares accuse us whom God has chosen for his own? No one—for God himself has given us right standing with himself. **Romans 8:31-33 NLT***

## **THE ENEMY WANTS TO DESTROY YOU AND ANY HOPE.**

*Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour. **1 Peter 5:8 NLT***

**“Satan is invested in your defeat, and his primary target is your mind. His mental attacks catapult you into downward spirals as negative emotions drive your thoughts, decisions, behaviors, and relationships. You live on autopilot, circling ever downward into dysfunction and misery.”**

**Jennie Allen “Get Out of Your Head”**

## **OUR MIND IS THE BATTLEFIELD.**

- 60 to 80% of visits to primary care physicians have a stress-related component.
- 75 to 98% of mental, physical, and behavioral illness comes from one's thought life.

- Many people live as victims of their own minds, consumed with negative thoughts that seem to control them.

**“How we think shapes how we live.” Jennie Allen**

## **THE LIES WE ARE TOLD BY THE ENEMY:**

- I'm alone

*<sup>18</sup> Jesus came and told his disciples, “I have been given all authority in heaven and on earth. <sup>19</sup> Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. <sup>20</sup> Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age.”*

**Matthew 28:18-20 NLT**

- I'm unlovable

*“For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.” **John 3:16 NLT***

- I'm worthless

*<sup>8</sup> God saved you by his grace when you believed. And you can't take credit for this; it is a gift from God. <sup>9</sup> Salvation is not a reward for the good things we have done, so none of us can boast about it. <sup>10</sup> For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. **Ephesians 2:8-10 NLT***

- I'm helpless

*But you belong to God, my dear children. You have already won a victory over those people, because the Spirit who lives in you is greater than the spirit who lives in the world. **1 John 4:4 NLT***

**As a Follower of Jesus, you have the ability to consciously choose your thoughts and replace ungodly lies with scriptural truths.**

## **WE NEED TO CHANGE OUR FOCUS.**

*<sup>1</sup> The Lord is my shepherd, I lack nothing. <sup>2</sup> He makes me lie down in green pastures, he leads me beside quiet waters, <sup>3</sup> he refreshes my soul. He guides me along the right paths for his name's sake. <sup>4</sup> Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. <sup>5</sup> You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. <sup>6</sup> Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever. **Psalms 23 NIV***