



UPGRADE

UPGRADE MY PRAYER LIFE PART 2

Once Jesus was in a certain place praying. As he finished, one of his disciples came to him and said, "Lord, teach us to pray, just as John taught his disciples."

Luke 11:1 NLT

Without air we die physically; without prayer we die spiritually.

START YOUR PRAYER TIME BY READING A PSALM OR PRAYING SCRIPTURE.

¹ Praise the Lord! Give thanks to the Lord, for he is good! His faithful love endures forever. ² Who can list the glorious miracles of the Lord? Who can ever praise him enough? **Psalm 106:1-2 NLT**

¹ Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. ² This I declare about the Lord: He alone is my refuge, my place of safety; he is my God, and I trust him. **Psalm 91:1-2 NLT**

PRAY WITH A PURE HEART.

¹ The earth is the Lord's, and everything in it. The world and all its people belong to him. ² For he laid the earth's foundation on the seas and built it on the ocean depths. ³ Who may climb the mountain of the Lord? Who may stand in his holy place? ⁴ Only those whose hands and hearts are pure, who do not worship idols and never tell lies. ⁵ They will receive the Lord's blessing and have a right relationship with God their savior. ⁶ Such people may seek you and worship in your presence, O God of Jacob. **Psalm 24:1-6 NLT**

⁸ The Lord detests the sacrifice of the wicked, but he delights in the prayers of the upright. ⁹ The Lord detests the way of the wicked, but he loves those who pursue godliness. **Proverbs 15:8-9 NLT**

⁶ So, we are lying if we say we have fellowship with God but go on living in spiritual darkness; we are not practicing the truth. ⁷ But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin. ⁸ If we claim we have no sin, we are only fooling ourselves and not living in the truth. ⁹ But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. **1 John 1:6-9 NLT**

PRAY SPECIFICALLY.

Jesus Heals Two Blind Men

²⁹ As Jesus and the disciples left the town of Jericho, a large crowd followed behind.

³⁰ Two blind men were sitting beside the road. When they heard that Jesus was coming that way, they began shouting, "Lord, Son of David, have mercy on us!"

³¹ "Be quiet!" the crowd yelled at them. But they only shouted louder, "Lord, Son of David, have mercy on us!" ³² When Jesus heard them, he stopped and called, "What do you want me to do for you?" ³³ "Lord," they said, "we want to see!" ³⁴ Jesus felt sorry for them and touched their eyes. Instantly they could see! Then they followed him. **Matthew 20:29-34 NLT**

PRAY CONSISTENTLY.

Rejoice in our confident hope. Be patient in trouble, and keep on praying.

Romans 12:12 NLT

¹⁴ Brothers and sisters, we urge you to warn those who are lazy. Encourage those who are timid. Take tender care of those who are weak. Be patient with everyone.

¹⁵ See that no one pays back evil for evil, but always try to do good to each other and to all people. ¹⁶ Always be joyful. ¹⁷ Never stop praying. ¹⁸ Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.

1 Thessalonians 5:14-18 NLT

- Put prayer on **your schedule.**
- Make a **prayer list.**

PRAY EXPECTANTLY.

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. **Philippians 4:6 NLT**

¹⁴ So then, since we have a great High Priest who has entered heaven, Jesus the Son of God, let us hold firmly to what we believe. ¹⁵ This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin. ¹⁶ So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most. **Hebrews 4:14-16 NLT**

Next Steps for me today...

- Ask God to reveal any sin, so that I can pray with a pure heart.
- Schedule an appointment with God daily on my calendar.
- Pray God's Word!