

JANUARY

Journey Church
PRESCHOOL

2021

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| 4 Hotdogs Chips Fruit | 5 Mac and cheese Green beans Fruit | 6 Salisbury steak Rice Fruit | 7 Chicken Alfredo Sweet peas Fruit | 8 Grilled cheese Veggie straws Fruit |
| 11 Pizza rolls Corn Fruit | 12 Meatballs Mashed potatoes Fruit | 13 Spaghetti Green beans Fruit | 14 Beanie weenies Fruit | 15 Chicken nuggets Chips fruit |
| 18 Closed | 19 Hot dogs Fries Fruit | 20 Chicken and rice Corn Fruit | 21 Mini pizza Mixed vegetables Fruit | 22 Ham and cheese Veggie straws Fruit |
| 25 Fish sticks Green beans Fruit | 26 Mac and cheese Corn Fruit | 27 Pizza rolls Sweet peas Fruit | 28 Chicken nuggets Mixed vegetables Fruit | 29 Grilled cheese Chips Fruit |
| 1 | 2 | 3 | 4 | 5 |

Breakfast snack items

Pancakes
Biscuits
Nutri grain bars
Cereal
Yogurt
Pop tarts
Cheese toast