

## **CRISIS AND COMPREHENSIVE MENTAL HEALTH RESOURCES**

### ***PRATTVILLE***

#### **Carastar Fountain Center\***

Fountain Center  
1843 Glynwood Drive  
Prattville, AL 36066  
334.279.7830

#### **Hours of Operation:**

Monday-Friday 8:00am-4:30pm

### ***MONTGOMERY***

#### **Carastar Crisis Center Health (formerly Montgomery Area Mental Health Authority, Inc.)\***

5915 Carmichael 5915 Road  
Montgomery, AL 36117  
1.800.408.4197/5915

#### **Hours of Operation:**

Monday-Friday 8:00am-5:00pm

**Crisis 24/7: 334.365.2207**

#### **Carastar Complex\***

2140 Upper Wetumpka Road  
Montgomery, AL 36107  
334.279.7830

#### **Hours of Operation:**

Mon – Fri, 8:00am-4:30pm

\*They provide a continuum of mental health services for persons with mental illness in a four-county area in central Alabama, which includes Montgomery County, Autauga County, Elmore County and Lowndes County. Fees are charged for services provided. However, some individuals may qualify for a reduced fee based upon family income and size. Some insurances may be billed for eligible services.

### ***STATE***

#### **Alabama Department of Mental Health**

1-800-367-0955 or 334-242-3454

<https://mh.alabama.gov/>

A comprehensive webpage dedicated to resources for individuals and families with loved ones who have mental illness.

**211 or 1.888.421.1266**

<https://www.211connectsalabama.org/>

Health and Mental Health Resources offered include crisis intervention services, support groups, counseling, drug and alcohol intervention and rehabilitation.

***NATIONAL***

**National Alliance on Mental Illness (NAMI)**

**1.800.950.6264**

<https://www.nami.org/Home>

**Crisis text: NAMI to 741741**

If you or someone you know has a mental illness, is struggling emotionally, or has concerns about their mental health, there are ways to get help. Use these resources to find help for you, a friend, or a family member.

**National Suicide and Crisis Hotline**

**988**

1.800.273.8255

<https://988lifeline.org/>

Lifeline Chat and Text is a service of the 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline), connecting individuals with crisis counselors for emotional support and other services via web chat or texting 988.