

CHRISTIAN WEBSITE RESOURCES AND BIBLIOTHERAPY (BOOK) LIST FOR MENTAL WELLNESS

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God Attachment: Why You Believe, Act, and Feel the Way You Do About God by Drs. Tim Clinton & Joshua Straub

Boundaries by Drs. Henry Cloud & John Townsend

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Your Legacy by Dr. James Dobson

Kingdom Man or Kingdom Woman by Tony Evans

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Winning the War in Your Mind by Craig Groeschel

Total Forgiveness by R.T. Kendall

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It's Okay to not be Okay by Sheila Walsh

Forgiving What You Can't Forget by Lysa Terkeurst

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