

VICTORY OVER THE GIANTS IN OUR LIVES

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. **2 Timothy 1:7 NLT**

⁴ Then Goliath, a Philistine champion from Gath, came out of the Philistine ranks to face the forces of Israel. He was over nine feet tall! ⁵ He wore a bronze helmet, and his bronze coat of mail weighed 125 pounds. ⁶ He also wore bronze leg armor, and he carried a bronze javelin on his shoulder. ⁷ The shaft of his spear was as heavy and thick as a weaver's beam, tipped with an iron spearhead that weighed 15 pounds. His armor bearer walked ahead of him carrying a shield. **1 Samuel 17:4-7 NLT**

GOLIATH'S CHALLENGE

¹⁰ I defy the armies of Israel today! Send me a man who will fight me!" ¹¹ When Saul and the Israelites heard this, they were terrified and deeply shaken. **1 Samuel 17:10-11 NLT**

WHAT'S YOUR GOLIATH? _____

RESENTMENT
FEAR
RACISM
LONELINESS
SHAME
WORRY
JEALOUSY
DEPRESSION
BITTERNESS
PRIDE
SELFISHNESS
INSECURITY
ADDICTIONS

BATTLE STRATEGIES

As he was talking with them, Goliath, the Philistine champion from Gath, came out from the Philistine ranks. Then David heard him shout his usual taunt to the army of Israel. **1 Samuel 17:23 NLT**

DISCERN THE LIES AND KNOW THE TRUTH!

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. **2 Timothy 3:16 NLT**

³¹ Jesus said to the people who believed in him, "You are truly my disciples if you remain faithful to my teachings. ³² And you will know the truth, and the truth will set you free." **John 8:31-32 NLT**

FOCUS ON GOD, NOT THE GIANT STANDING IN THE WAY OF YOUR BLESSINGS.

²⁴ As soon as the Israelite army saw him, they began to run away in fright. ²⁵ "Have you seen the giant?" the men asked. "He comes out each day to defy Israel. The king has offered a huge reward to anyone who kills him. He will give that man one of his daughters for a wife, and the man's entire family will be exempted from paying taxes!" ²⁶ David asked the soldiers standing nearby, "What will a man get for killing this Philistine and ending his defiance of Israel? Who is this pagan Philistine anyway, that he is allowed to defy the armies of the living God?" **1 Samuel 17:24-26 NLT**

- **Don't compare the giant to yourself; compare the giant to God.**
- **Saul and the rest of the army are focused on fear.**
- **David says if you want to focus on Goliath; fine. I am focusing on God.**

DON'T LISTEN TO NAYSAYERS.

"Don't be ridiculous!" Saul replied. "There's no way you can fight this Philistine and possibly win! You're only a boy, and he's been a man of war since his youth." **1 Samuel 17:33 NLT**

THE TRIALS OF YOUR PAST HAVE PREPARED YOU FOR THE BATTLE BEFORE YOU.

- **Remember your God moments.**

³⁴ But David persisted. "I have been taking care of my father's sheep and goats," he said. "When a lion or a bear comes to steal a lamb from the flock, ³⁵ I go after it with a club and rescue the lamb from its mouth. If the animal turns on me, I catch it by the jaw and club it to death. ³⁶ I have done this to both lions and bears, and I'll do it to this pagan Philistine, too, for he has defied the armies of the living God!" ³⁷ The Lord who rescued me from the

claws of the lion and the bear will rescue me from this Philistine!”... 1 Samuel 17:34-37 NLT

- **Remember your training.**

³⁸ Then Saul gave David his own armor—a bronze helmet and a coat of mail.

³⁹ David put it on, strapped the sword over it, and took a step or two to see what it was like, for he had never worn such things before. “I can’t go in these,” he protested to Saul. “I’m not used to them.” So David took them off again. ⁴⁰ He picked up five smooth stones from a stream and put them into his shepherd’s bag. Then, armed only with his shepherd’s staff and sling, he started across the valley to fight the Philistine. 1 Samuel 17:38-40 NLT

RUN TO THE BATTLE IN FAITH!

⁴¹ Goliath walked out toward David with his shield bearer ahead of him, ⁴² sneering in contempt at this ruddy-faced boy. ⁴³ “Am I a dog,” he roared at David, “that you come at me with a stick?” And he cursed David by the names of his gods. ⁴⁴ “Come over here, and I’ll give your flesh to the birds and wild animals!” Goliath yelled. ⁴⁵ David replied to the Philistine, “You come to me with sword, spear, and javelin, but I come to you in the name of the Lord of Heaven’s Armies—the God of the armies of Israel, whom you have defied. ⁴⁶ Today the Lord will conquer you, and I will kill you and cut off your head. And then I will give the dead bodies of your men to the birds and wild animals, and the whole world will know that there is a God in Israel! ⁴⁷ And everyone assembled here will know that the Lord rescues his people, but not with sword and spear. This is the Lord’s battle, and he will give you to us!” 1 Samuel 17:41-47 NLT

THE WHOLE WORLD WILL KNOW THERE IS A GOD IN ISRAEL!

⁴⁸ As Goliath moved closer to attack, David quickly ran out to meet him. ⁴⁹ Reaching into his shepherd’s bag and taking out a stone, he hurled it with his sling and hit the Philistine in the forehead. The stone sank in, and Goliath stumbled and fell face down on the ground. ⁵⁰ So David triumphed over the Philistine with only a sling and a stone, for he had no sword. ⁵¹ Then David ran over and pulled Goliath’s sword from its sheath. David used it to kill him and cut off his head. 1 Samuel 17:48-51 NLT

VICTORY BELONGS TO GOD, BECAUSE THE BATTLE IS HIS.

But thank God! He gives us victory over sin and death through our Lord Jesus Christ. 1 Corinthians 15:57 NLT

But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin. 1 John 1:7 NLT

Next steps for me today...

- **To face the giant in my life.**
- **To focus on God instead of the giant.**
- **To run to the battle with all the faith I have.**